

AUGUST EVENTS



Health Made Better, Together.

Classes

Advanced Cardiac Life Support (ACLS) - Initial

Wednesday & Thursday | August 9 & 10

For physicians, nurses and paramedics who have never taken the ACLS course or those with expired certification. To register call 812-537-8431 or email education@dch.org

Advanced Cardiac Life Support (ACLS) - Renewal

Wednesday | August 30

For those who need to meet the requirements of an American Heart Association ACLS renewal course. To register call 812-537-8431 or email education@dch.org

Breast-Feeding Class

Thursday | August 3 | 6:00 to 7:30 p.m.

To register call 812-537-8431 or email education@dch.org

- **Cardiac Rehabilitation (Phase II) Class**
 - For patients who are recovering from a heart attack, bypass surgery or other related cardiac incident or procedure. Participation requires a physician's order.
 - For fee information or to register call 812-532-2614
- **Childbirth Education Class**
 - Saturday | August 5 | 9:00 a.m. to 12:00 p.m.
 - or Thursday | August 24 | 6:00 to 9:00 p.m.
 - To register call 812-537-8431 or email education@dch.org
- **Diabetes Education Classes**
 - By appointment only. For fee information or to register call 812-537-8323 or email education@dch.org
- **Pulmonary Rehabilitation (Phase II) Class**
 - For individuals with chronic lung disease.
 - Participation requires a physician's order.
 - For fee information or to register call 812-532-2614

Support Groups

Alzheimer's Support Group of Southeast Indiana, Inc.

Tuesday | August 15 | 7:00 p.m.

For those with Alzheimer's and their families. For information call Karen Brandt at 888-422-2691

Breast Cancer Support Group

Thursday | August 17 | 7:00 to 9:00 p.m.

For those with breast cancer and their families. For information call Jan Tyler at 812-926-3927

- **Parkinson's Disease Support Group**
 - Monday | August 14 | 5:30 to 7:00 p.m.
 - For those with Parkinson's and their caregivers.
 - For information call Mary Beth Howard at 513-918-1440
- **Stroke Support Group**
 - Thursday | August 3 | 6:00 to 7:00 p.m.
 - For information call 812-537-8208
 - Participants will have time to socialize, express concerns, share coping strategies and celebrate milestones.

Events

Blood Pressure/Blood Sugar Clinics

Free blood pressure and blood sugar clinics at all locations.

First Tuesday of the month

9:30 a.m. | Hoosier Boy Apartments Community Room (Rising Sun)

11:00 a.m. | Dillsboro Village Apartments

Second Tuesday of the month

10:00 a.m. | Zion Lutheran Manor (Lawrenceburg)

Second Wednesday of the month

11:00 a.m. | Moores Hill Senior Center (SNAC)

Third Thursday of the month

10:15 a.m. | North Dearborn Village Apartments (SNAC)

Fourth Tuesday of the month

10:00 a.m. | Switzerland County Senior Center (SNAC)

Fourth Thursday of the month

2:00 p.m. | Greendale Village Apartments

For information call 812-537-8192 or 800-676-5428

Mark Your Calendars!

Heart & Lung Health Walk

(sponsored by Cardiopulmonary Rehab)

Saturday | September 30 | 10:00 a.m.

\$15 Early Registration

Register on or before September 11

(includes T-shirt)

\$20 Late Registration

Register on September 12 or after

(includes T-shirt while supplies last)

For more information, visit DCH.org/walk, call 812-532-2614 or email questions to healthwalk@dch.org.

Classes, meetings and events are held in the conference and education facilities at Dearborn County Hospital unless otherwise noted. Due to advance printing, not all events may be listed and the schedule is subject to change.